

# KALI: The Filipino Martial Arts



"I strongly recommend anyone interested in learning from one of the best to train with Rick Tucci" – Dan Inosanto

## Volume 1 2-Tape Set - SOLD ONLY AS A SET

Tape 1 - Lineage, stick grips, basic strikes and blocks, numbering systems, double stick, footwork, basic abecedario - (Approx. 60 min.)

Tape 2 - 12 areas of Kali, stick and dagger basics, single stick, basic blocks, sumbrada, punyo sumbrada, higit hubad lubad, single dagger basics, basic abecedario - (Approx. 60 min.) \$69.95

## Volume 2

Intermediate double stick, drilling with footwork, single stick, sumbrada, stick and dagger, tie ups and disarms, single dagger vs. single dagger, palisut flow, intermediate abecedario - (Approx. 60 min.) - \$39.95

## Volume 3

Intermediate to advanced double stick, intermediate to advanced single stick, higit hubad lubad variations, breaking in and out of ranges, intermediate to advanced stick and dagger, numerado, intermediate to advanced abecedario - (Approx. 60 min.) - \$39.95

## Volume 4

Impact training, advanced sumbrada, close range stick and dagger, mixed abecedario,

environmental training, advanced double stick, running attacks, sparring - (Approx. 60 min.) - \$39.95

## Volume 5

Dagger grip variations, double dagger abecedario, disarming from static position, disarming from flow, single stick disarms, double stick disarms, sword disarms. stick and dagger disarms (Approx. 60 min.) - \$39.95

## Volume 6

Single dagger vs. single dagger disarms, double dagger vs. double dagger disarms, stick throws and takedowns, stick locking from standing position, stick locking on the ground - (Approx. 45 min.) - \$39.95

## Volume 7 - NEW!

Staff - Drills & training methods using single and double end, numbering system, 8-9-12-15 count drills, abecedario, contra sumbrada, thrusting & sensitivity, sparring with real and training staffs - (Approx. 60 min.) - \$39.95

## Volume 8 - NEW!

Sarong & Empty Hands - stand up and ground locks, chokes, throws & strikes with a flexible weapon & empty hands, grappling & sparring with a sarong, empty hand entries to sweeps & throws - (Approx. 60 min.) - \$39.95

Rick Tucci's much-requested and long-awaited Kali videotapes are now shipping! In this info-packed seven-tape series, Guro Rick Tucci shares with you the drills, training methods, and techniques that will bring you from beginner all the way to instructor level in the Filipino Martial Arts.

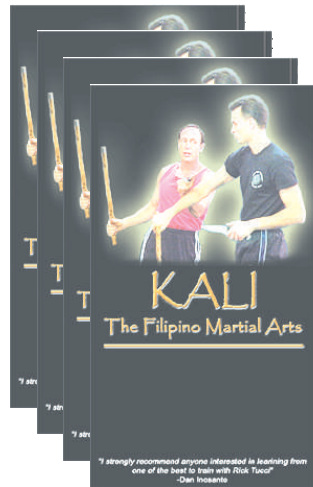
The tapes focus on the Inosanto/Lacoste Blend system, as taught to Guro Tucci by the legendary Magulang Na Guro Dan Inosanto. All lessons are taught by Guro Tucci, a Full Instructor under Guro Inosanto and the owner of the Princeton Academy of Martial Arts.

You can't afford to miss this series! The drills are explained in great detail and broken down to make them easy to learn fast!

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\* See other side for order form.

## What Video Owners Are Saying:



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*The tape series is excellent and will give me the opportunity to quickly improve my skill level in Kali. Once again, thanks for the series. - Joe McDaniel, Houston, TX*

*We are working on the new Kali tapes and are blown away. I think the Kali series is the best instructional series I have ever seen...the best! - Joel Levesque, Manchester, NH*

*Thank you for the wonderful Kali tape series. It is the best tape series I have ever seen and has really helped my training. Thanks again for making this series. - Bryan Mossey, Oklahoma City, OK*

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